

Instructions for Effective Prayer
Teach Us To Pray – Part 3 (Matthew 6:5-8,14-18)
Life Church St. Louis – August 26, 2012
Lead Pastor – Dr. Dan Walker

Intro. What has God taught you about prayer in the past?

Why do you think it is important to be a life-long learner in the school of prayer?

What areas of prayer would you like to learn more about and grow in?

Describe the kind of person whose prayers are powerful and effective (James 5:16b).

1. In what ways may you be tempted to pray for men's approval (Matthew 6:5)?

In what ways is prayer an exercise of faith (Matthew 6:6)?

How could you apply Jesus' teaching to your own prayer life (Matthew 6:5-6)?

2. What examples of meaningless or repetitious prayers have you seen (Matthew 6:7)?

In what ways is prayer a conversation with our Father (Matthew 6:8)?

How does realizing that God knows what you need before you ask help you in your prayer life?

Have you ever kept a prayer journal? In what ways do you think it could be/has been helpful?

3. In what situations do you think it would be appropriate to fast (Matthew 6:16)?

What are the benefits of fasting when you pray (Matthew 6:17-18)?

How are you doing on your commitment to our 40 days of prayer and fasting focused on the StarBridge Counseling Center ministry?

What situations in your own life would you like the rest of the group to pray for?